



Wartburg

Trumpet



**Page 7—
Tracksters
return for
Alumni Meet**

Wartburg College Waverly, Iowa 50677 USPS 666-740

March 25, 1996

Vol. 90, Num. 24

**Page 5—Mail
room workers
reveal the joys,
pains of trade**

WORLD

MENENDEZ BROTHERS FOUND GUILTY—Jurors in Van Nuys, Calif., found Erik and Lyle Menendez guilty in the 1989 shotgun murders of their parents. The jury in the retrial took two-and-a-half days to find the brothers guilty on charges of first-degree murder, special allegations of lying and conspiracy to commit murder. The brothers could face life without parole or death by lethal injection.

TWO MORE BOMB BLASTS IN THE MIDEAST—Two more deadly bomb attacks occurred in and around Israel last Thursday. In the first attack, an Israeli soldier was killed and seven soldiers were wounded when a youth, rigged with explosives, blew himself up near a passing Israeli army convoy. The second incident involved a roadside bomb which killed a Lebanese soldier in the South Lebanon Army, a militia armed and financed by Israel.

—compiled from U.S.A. News Network

CAMPUS

BODE/GAMEZ WIN ELECTIONS—Sophomores Matt Bode and Barbara Gamez received 59.4 percent of the 629 votes in last week's run-off election for student body president and vice president. Sophomores Jeremy Brummond and Chris Larsen were the other candidates. Bode said he plans to nominate Ethan Huisman for Academic Ombudsperson and Johnna Haag for Administrative Ombudsperson. Bode will nominate the two juniors at the Student Senate meeting Thursday.

HONOR CODE PASSES—Wartburg's Honor Code is now in effect after passing Student Senate by a 30-1 vote last week. Student Senate Academic Ombudsperson Tim Dettmer, member of the Academic Policies Committee, will now meet with Lex Smith, dean of students, to discuss publishing the policy in the student handbook and distributing the code to students.

WARTBURG PLAYERS TO PERFORM HUMOROUS ACTS—Wartburg Players will perform the show "All In The Timing," six humorous plays by David Ives, Tuesday and Wednesday, April 2-3 at 8 p.m. in Player's Theater. The event is free for Wartburg students, faculty and staff, and \$3 for the public.

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Freshmen segregated by new housing policy

New on-campus housing arrangements create freshmen-only floors in the hopes of promoting a better first-year experience.

by Elizabeth Matthias
Staff Writer

Residential Life staff at Wartburg have taken housing arrangements in a different direction for next year.

Segregating freshmen is one of many housing policy changes affecting students.

Pete Armstrong, director of residential life, said he hopes first-year student floors will allow the students to learn more on their own, through experiences and what they have in common with other first-year students.

"By clustering people on the same floor, we can build on supporting first-year students' transition to campus," Armstrong said.

Sophomore Jess Smuksta is one student who disagrees with the new housing policy. Smuksta is currently a resident of Vollmer Hall.

"When I was a freshman, I lived by upperclassmen, and gained a lot of great friendships," Smuksta said.

She said she believes it will be harder for freshmen to get to know upperclassmen since living areas are where many relationships are formed.

HOUSING
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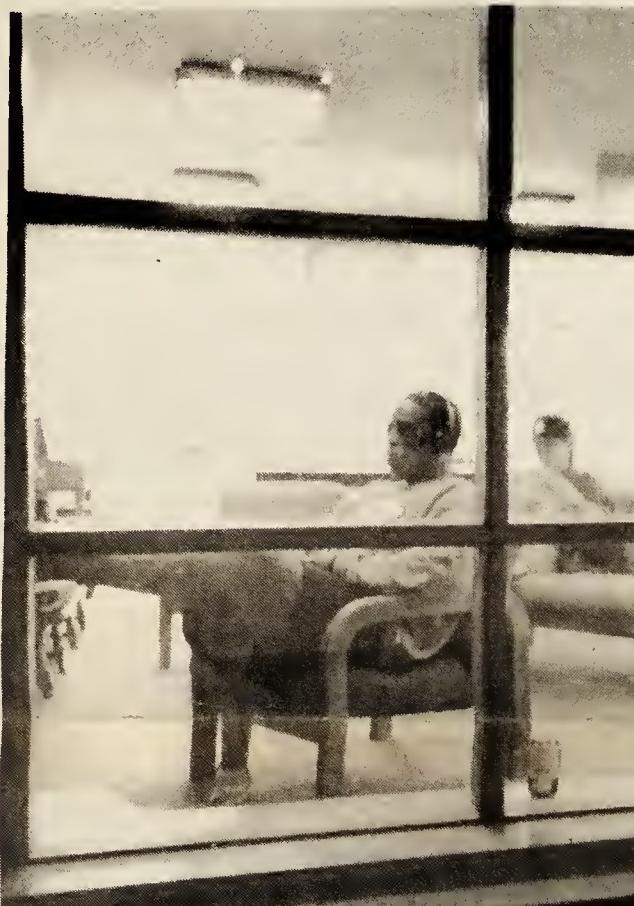


Photo by Nathan Friesen

KICKIN' BACK—Freshmen Julian Eubanks and Jennifer Sherman hang out in the Clinton Hall Lounge. Freshmen take over third floor in the residence hall beginning next year.

Housing Changes

First-year floors

- Clinton Three (Men and Women)
- Hebron One and Three (Men)
- Centennial One and Two (Women)
- Vollmer One and Three (Women)

U.S. shutdown backlogs financial aid

Prospective students face a new barrier in the college selection decision with a backlog on financial aid package processing.

by Shena Blomgren
Staff Writer

Prospective college students are facing a new dilemma in deciding where to go to college: a backlog in the processing of the Free Application for Federal Student Aid (FAFSA).

"It's very stressful because I want to know where I'm going to college...and I don't," said Tarrah Schlueter, a senior at Atlantic High School in Atlantic, Iowa. She is deciding between Wartburg College and Simpson College — based on the financial aid packages she receives.

When current college students applied, they received financial aid packages on time — this may have helped them decide where to go to college.

But this year's prospective students are

faced with the problem of deciding, because of the backlog in 1996-97 FAFSA processing. The backlog is also causing processing delays of individual financial aid packages from colleges.

An updated memo from the federal Department of Education released on the Internet (at www.ed.gov/offices/OPE/announce/fafsa0318.html), gives several reasons for the backlog, and explains how the government is solving it.

Their first memo, dated March 6, gave the following reasons for the backlog:

- two government shutdowns
- the January blizzard
- difficulties processing FAFSAs because of problems with a newly designed computer system.

Although the backlog is an internal problem at the Department of Education, it's affecting prospective students and colleges.

Doug Bowman, director of admissions, said students are calling the admissions office, and the admissions office is calling students about the backlog. He said prospective students are "a little unsure of what's going on."

Bowman also said the backlog is causing students a lot of anxiety.

Jamie Hightower, director of financial aid, said the best thing to do for incoming students is to "let them know what's going on — it helps them relax."

Hightower said the financial aid office has sent letters to prospective Wartburg students about the backlog.

Hightower said the Department of Education's FAFSA processing should be current by April 15.

She also said prospective students have until May 1 — the new student housing deadline — to decide where they're going to college. This date may be pushed back if the April 15 deadline isn't reached.

Gretch wins 1996 award for teaching

Gretch urges audience to take advantage of the opportunity to connect with others.

by Kerry Wright
Staff Writer

"A passion to connect" was the focus of Dr. Daniel Gretch's convocation address Tuesday morning. He spoke as the 1996 recipient of the Student Award for Teaching Excellence.

Gretch, a first-year assistant professor of biology, opened his address with his initial feelings on Wartburg College.

"It felt comfortable from day one for me. It is like coming home," he said.

He continued with the meaning of this award. Gretch explained he believes it is not an individual award, but a representative award.

"We teach because of you; I am a representation of the entire faculty," he said.

Gretch reflected on one of his favorite books, "The Giving Tree," by Shel Silverstein. He made the link that his specific family was the "giving tree" in his life. He said he received "immeasurable amounts of love, encouragement and understanding" from them.

"In the face of diversity and in difficult times" is when Gretch said he realized which of his connections were strongest and most visible.

GRETCH
continued on page two

GRETCH

continued from page one

"In these times, I learned more about myself, parents, family and friends and how they connected to me," said Gretch.

Gretch commented on the "ocean of opportunity to touch the lives of other people around you."

He said he has seen this in the various communities of his family members and the Wartburg community. He has been witness to the power of connections individuals have for each other.

Connections in the sphere of education are the interactions and bonds between the teacher and students, said Gretch, along with the way these specific connections link teaching and learning.

Gretch suggested the first step for success in the learning process is not a step, but the reaching out of a hand to create an environment of comfort and to emphasize that everyone is an integral part of learning.

The second step toward the path for success is to view the teacher-student relationship as a partnership. There must be an individual commitment from each partner.

"They must come together as

"A true learning experience is one that is connected."

—Dr. Dan Gretch
Asst. Professor of Biology

teaching assistant in the department of biochemistry at Wisconsin for seven years while attending graduate school.

His research has been in the processes central to the control of blood cholesterol levels in humans.

</

Editorial

Will my financial aid package please appear?

Prospective students know the government shutdown is slowing their college decision, but will it hurt those already enrolled?

As seniors in high school, most current Wartburg students spent many hours poring over college/university brochures, visiting campuses and reading the multiple "we're right for you" letters.

High school seniors in the Class of 1996, however, have been thrown a curveball.

The government shutdown slowed the processing of federal financial aid.

Prospective students have been sent letters from Wartburg assuring them they will receive their financial aid packages by April 15.

But, just in case, the financial aid staff said in the front-page article they may need to extend the date.

How will this hurt Wartburg and possibly affect the students, faculty and staff who will return next year?

Explanations were sent to students who don't attend Wartburg, but the issue wasn't addressed to the community that is already here.

If prospective students are waiting, chances are returning students' federal financial aid is being slowed as well.

While the April 20 deadline is several weeks away, grumbles already abound over how much money students will need to earn to enjoy their higher education.

Ultimately, the backlog's blame falls into the government's pit of "another thing gone awry."

The question stands, though, when will current students hear from the government and the college staff about the means most of us use and need to pay our tuition?

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NEED AN
OPINION EXPRESSED?
WRITE A LETTER
TO THE TRUMPET.

OPINION

Suzanne Behnke ■ Editor / Eric Allen ■ Assignment Editor

Letter

Student says Wartburg speaks with two tongues

Just last year, a group of Wartburg men who wanted to start a service fraternity were shot down.

The goal of this group was to gain a floor where they could all live together. They all had something in common, and thus wanted to live with those who shared the same goals and values.

There were to be grade-point average minimums, citizenship standards and service projects involved for the floor members.

This was to be a truly honorable group of men living on the same floor with the intent of improving the Wartburg community and having fun doing it.

It is apparent the administration has changed its mind about segregating students.

I encourage all who were involved in the proposed service fraternity to reapply this year for a floor.

I also encourage any students who feel that living as a group of 30-40 people with the same goals and problems would be better than living the way it is

now to apply for a floor.

It is apparent Wartburg now thinks it is a good idea for students with similar interests to live together. Clearly, the reasons given why the men could not have a fraternity floor last year no longer apply.

Unfortunately, this organization was objected to by

It is apparent the administration has changed its mind about segregating students.

administration for many reasons. Not because they felt the group would be a bad influence, but because they were too exclusive.

The largest argument was that they could not live together on a floor reserved just for members of this service fraternity.

First, that would mean kicking people with squatting rights

off their floor.

Second, by incorporating so much interaction among the members of the floor who have so much in common, the members would have isolated themselves from the rest of the campus.

Lastly, it was against the spirit of Wartburg to segregate people into certain groups and divide the campus socially. That is why Wartburg does not have fraternities and sororities, not even those for service or honor.

So why the change of heart? Does it really matter? Wartburg has shown time and again the haphazard way in which things are done.

Do the majority of upper-classmen really want some ignorant freshmen living next to them?

I think many of the upper-classmen don't even like freshmen neighbors. But I guess, once again, student concerns don't matter.

Scott Davis
Senior

Taco Bell is moving into KFC. Do you prefer KFC or Taco Bell, and why?

ABOUT FACE

Taco Bell, because I believe in diversity.
—Jeremy Brummond, Sophomore

KFC, because it has good chicken, good spices and it's like a home cooked meal.
—Kevin Hoffmann, Freshman

I really think Taco Bell's real name is Toxic Hell, so I'd have to say KFC.
—Judy Hesterberg, Junior

Taco Bell, because they have 49¢ tacos, and KFC doesn't have 49¢ tacos.
—Jay Grave, Junior

Letter

Wartburg West evokes sharing

Sharing. One of the rules of life we are all taught early on.

I see third-graders in my class struggle with the ideas of sharing and looking past themselves. I see myself and how I struggle with the idea of looking past myself.

The past weeks here in Denver have been an incredible time of learning and growth for me.

The big city. Things are very different than in Waverly — from the mountains, to the skyscrapers, to the 70-degree February weather, to the people we meet in everyday life.

The people are where I expected to see major changes from the friendliness of small-town Iowa, but I have been surprised.

Sharing goes far beyond toys in a kindergarten room or pencils in my classroom; it needs to be a part of our adult lives. The people I have met have been great role models, mentors and have shown me what sharing of oneself can really be.

Within our group, sharing is also a part of our lives, including who we are and what we have; not only our cars and contact lenses, but who we really are.

I am realizing life is people, and without sharing ourselves and them sharing right back, life isn't going to be as full and wonderful as it can be.

I heard a song the other day called "Seize the Day." We need to seize each day we have, every opportunity and all the people around us we come in contact with.

I don't want to wait until my last two weeks to take advantage of all I have here in Denver.

Share...not only your toys, but yourself.

Jennifer Cox

Senior

Feminism: definition remains a stereotype

"Feminist" should not conjure pictures of radical "feminazis" or male-haters, but those who are "pro-female."

Feminist. This term usually makes many people, both men and women, feel uncomfortable and awkward when it is brought up in any type of conversation.

The following descriptions are commonly used by society to promote a distorted and inaccurate image of a feminist: ugly, unmarried, unshaven legs, unable to get a man, brains instead of boobs, hyphenated names and male-haters. In actuality feminists consider themselves "pro-female."

According to the *American Heritage Dictionary*, the definition of feminist is "a person whose beliefs and behavior are based on the social, political and economical equality of the sexes."

This term covers women as well as men. In reality, many men are feminists, but are too afraid and ashamed to admit their stand on feminism because others then question their masculinity.

In a recent study, the *New York Times Magazine* surveyed successful career women who were in their 20s and approached them with questions regarding their feelings on "feminism. Responses were: bitter, isolated, unhappy and lesbian.

It also reports the women who declared themselves non-supporters of the women's movements through history but actually believed in the majority of the issues associated with the movement were prominent women holding careers in public offices, and considered themselves "closet feminists."

They were silent feminists because they were fearful and uncomfortable discussing this controversial issue with others. Many were also afraid of the reaction they would receive from the dominant

Women's History Month Commentary

Kerry Wright
Junior

males in their lives, such as husbands, brothers, fathers and boyfriends.

The history of the term "feminist" is quite old. The *Oxford English Dictionary* traces it back to 1889 when the term was defined as "rare" and meant merely "the qualities of females."

The 1933 supplement to the dictionary defined it as the "advocacy of the rights of women (based on the theory of the equality of the sexes)." The meaning of "feminist" has not changed in the past 60 years, but has become more complex.

Author Alison Jaggar explains, "Feminists are all those who seek, no matter on what grounds, to women's subordination."

Writer Olive Banks expresses her feelings on the term in this way. "Feminists are any group who tries to change the position of women of

the ideas about women."

The term "feminist" has been controversial since its origin in 1889. Have the twisted connotations of the term given several Wartburg students the kiss of death when they speak up about the way young women are shortchanged in the classroom, or mention that maybe Anita Hill had a solid argument against Clarence Thomas?

Is this why there are such low numbers of Wartburg students enrolled in women's studies courses or taking advantage of the opportunity to have a minor in the area of women's studies? Are students fearful of what might be discussed in these classes? Would they automatically be tainted as Rush Limbaugh's coined term "femi-nazi" because they took a course titled Feminist Theories?

March is Women's History Month. While the month may almost be over, take time to think about women's issues.

Use this chance to break the stereotypes and the molds created by society.



Letter

Former resident assistant defends housing policy

A senior who experienced an all first-year floor at Central College before transferring finds the living situation to be "ideal" for Wartburg.

A letter appearing in the March 18 issue of the *Trumpet* in which six first-year students living in Clinton Hall expressed their dissatisfaction with Wartburg's plan to pursue all first-year housing has prompted me to respond.

I cannot support their argument.

While at Central College my first year, I lived on a standard floor of all first-year students. The situation is ideal and does not, in any way, contribute to "freshman isolation."

While living on a first-year floor, you

build much stronger relationships with the other floor members.

When you live in a situation where the floor is a conglomeration of people of various enrollment status, you simply throw together first-year students and students who have already found a comfortable clique for themselves.

This leaves first-year students with very few options. First, try to fit into one of the cliques on the floor; second, try to start your own clique; third, try to fit into a clique on a different floor.

With an all first-year floor, an individual is placed with others who are all in the same situation. The whole floor becomes more than a "large" clique, it becomes a community of people who rely on each

other for advice, emotional support and companionship.

Everyone on the floor has something in common: they are first-year students.

During my time at Central, I never once had the dilemma of who to go to eat with; it was a floor affair.

The sense of community on that floor of all first-year students was higher than any I have experienced in my time here.

In the letter to the editor, one sentence disturbs me. "The concentration of first-year students on a floor of their own would result in no interaction between upper- and lowerclassmen."

If this were true, then there would be no interaction between men and women because they are not on the same floor.

These people meet through classes, social activities, committees, organizations and in the caf.

As a former resident assistant, I can confidently say I personally would find it much easier to meet the demands of an all first-year floor than the demands of the current situation, as concerned in the letter.

First-year students are more willing to attend floor programs, etc., as the life of an upperclassman is often more hectic with other obligations and concerns.

I am truly sorry some may feel Wartburg has shown a "blatant display of disrespect for students and their rights."

But, I am not convinced Wartburg is not acting in students' interests.

Having lived in and experienced both types of residential settings, I personally feel the incoming first-year students will reap the benefits of this housing policy.

Amanda (Vyverberg) Sanderman
Senior

Wait a Minute, Mr. Postman

Mail room workers reveal joys, pains of their workdays

by Matt Hansen

Three hundred letters, 30 packages and they all need to be sorted and delivered. Some postal employees just woke up.

This is the daily routine of the students who work in the mail room. These students make sure Wartburg gets its mail and packages on time and in good condition.

Sophomore Kyle Knudson's daily routine starts as he rolls out of bed at 7:30 a.m. to be at work by 8. Knudson heads downtown to the Waverly post office in the mail truck to pick up the day's mail.



Photo by Nathan Friesen

WORKING—Gretchen Roth, Jon Goetz and Brandy McCombs get the mail out to Wartburg, and they say they try to deliver it on time and in good condition.

After taking the mail back to the mail room, anywhere from 200 to 600 letters and 20 to 30 packages are sorted throughout the day for students and faculty. Knudson then delivers all on campus office mail. Upon returning to the mail room, Knudson works the noon meal shift at the mail room window. His work day ends after he is done working at the window.

"Working the window is one of my favorite things to do," said Knudson. "It gives me a chance to see all the friends I might not get to see otherwise."

All of the workers enjoy the social aspect of the mail room.

"The atmosphere and the people are cool," said junior Steve Boblenz. "It's usually not too strenuous and it's social."

Valentine's Day and Christmas are considered to be fun times for most, but mail room employees do not always see it quite the same way.

"There is just so much to do and the letters keep piling in," said senior Gretchen Roth. Although the spirit of the holiday survives, the mail room becomes a crazy place.

"I hate working at Christmas, and especially Valentine's Day because we get all these ugly pink and red cards that smell like perfume," said Knudson. Over 600 cards and 80 packages a day are received during the weeks before these two holidays.

"During the holidays we are so busy that if we did not get along with each other in the mail room we'd probably kill each other," said Knudson.

The general atmosphere around the mail room is one of jokes and smiles.

"I like to work there, I think," said Boblenz. "I like having something to do and people to talk to while I'm doing it."

On the slow days, the troops participate in activities to pass the time. Some of these activities include looking at Frederick's of Hollywood catalogs, stringing rubber



Photo by Nathan Friesen

PLAYING—Brandy McCombs and Gretchen Roth have fun in the mail room while waving to passing students.

bands across the mail room, shooting rubber bands into the mail boxes and giving friends junk mail that cannot be forwarded.

"You can find some interesting things written on the outside of envelopes," said senior Brandy McCombs. "People receive some crazy material in the mail."

Knudson's room is filled with junk mail he brings home to look at. Every mail-order catalog on the market can be found on his shelf.

Although Boblenz said that the job of a mail room worker is not too strenuous, it is a big responsibility. The pet peeves of Roth and McCombs were the same: students who forget their keys, students who ask for packages when the window isn't open and "look-up" mail (mail without box numbers).

"Working here makes me feel important because many people have mail, and if we weren't here, they wouldn't get it," said Roth. "I enjoy my job."

Mailing Policy

- 1) The size of the note must be at least 3" by 4".
- 2) Mailings with more than 25 notes must be in box order.
- 3) Bulk mailings must be approved by Karen Funk.

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Look for the
Entertainment page
TO RETURN IN NEXT WEEK'S
Trumpet.

THIS WEEK THE WEDNESDAY KNIGHT WORKSHOP:

"Ethical Leadership in the 90's"

WILL BE PRESENTED BY PROF. KIT KLEINHANS

FROM THE RELIGION DEPARTMENT

COME TO THE EAST ROOM, WEDNESDAY MARCH 27 FROM 7-8 P.M.

Tennis team downed by Loras

by Carrie Lawton
Sports Editor

The men's tennis team braved weekend matches against Loras and Augustana without two of its six players.

Senior Brian Trow was with the Wartburg Choir in Spencer for the weekend, and Ben Christensen was sick.

Against Loras the Knights were unable to post a win, losing 0-9 to the Duhawks.

Jim Davis stepped in for the Knights to fill the No. 5 singles slot.

Wartburg had only two doubles pairs in action.

In the face-off with Augustana, Steve Dolezal and Dan Sanderman grabbed victories at Nos. 1 and 2 singles.

Because of the time constraints, Wartburg played just singles matches against Loras; no doubles matches were played.

Monday, the Knights faced Upper Iowa in a home match. The staff was unable to locate official results at press time.



PERFECT PRACTICE MAKES

PERFECT— Brian Trow (above) smashes this volley to get the edge on his opponent. Trow is among the leaders for the tennis team, as he is one of the three seniors.

SCOOPING IT UP—Ben Christensen (right) attempts a low shot to earn a point in last Monday's meet against Upper Iowa.

Knight Sports Calendar

Men's Tennis

at Central

Tuesday, 3:30 p.m.

Track and Field

Wartburg Invitational

Saturday, 11 a.m.

Softball

at the University of Northern Iowa
at Mt. Mercy Tournament

Wednesday, 3 p.m.
Saturday-Sunday, TBA

Baseball

at the University of Northern Iowa
at Luther
at Upper Iowa

Tuesday, 2 p.m.
Thursday, 1 p.m.
Saturday, 1 p.m.

A musical instrument.
A newspaper.
It's all good.
The *Trumpet*.

Underdogs and upsets

I know all you Harves junkies are scoping around this page right now, looking for the usual *Slap Shots*. Well if you're looking for those, you're in the wrong place. I'll give you a hint: check the preview.

Since you're in the preview already, you might as well check out all the spectacular sports that are going on. I don't think you'll have any trouble finding something to your liking.

Trouble, now that's an interesting subject; starts with "T," rhymes with "P" and that stands for "Pool."

By the way, how are those NCAA pools coming? Well if you're like me, you've lost three of your Final Four teams, and even if a miracle happens and Mississippi State wins, you still don't have a chance at winning anything.

After last weekend's games, you'd better be glad you picked a bundle of upsets. Four seeds, five seeds, who do these teams think they are?

"Mississippi State; who are they?" you ask. Ask Kentucky that question, because they took their only loss this season from this solid, die-hard team. MSU seems to be on a roll now. Can you name the last five seed to make it this far in the tournament?

So, how about that Iowa boy and his Kansas folk? Isn't Kansas a shoe-in for the Final Four? Oh yes, they're playing some orange team, I think. OUCH! Hello Raef, time to go home!

Syracuse sure is fit and ready for the Final Four. Even though they're from the easiest bracket, they're ready for a little State action.

Of course, the other brackets send their number one seeds into the Final Four. What's the fun in that?

We can still bring up some great upsets can't we? There're upsets every year; the only problem is picking the right ones.

Hey! Santa Clara, they were a 10 seed this year. How'd they do? You know it, the upset boys from California came through again. I've pretty much come to the conclusion that you never pick against Santa Clara in the first round, especially when they have Steve Nash scoring 26 points with a bundle of assists.

Sure, 10 seeds and five seeds are something, but what about those Ivy League teams with no scholarships?

That's where Princeton comes in. A 13 seed doesn't come along every day, you know. Slipping in the back door in the final seconds to steal an opening round game is always nice. Win one for the Gipper; how about Pete Carril?

Well, I know the dance has been fun, but now it's time to get down to business. Only four remain; with only room for one, who do you like?

I guess you can tell the underdog seems to rule in my world. I'll be rooting for good old Mississippi State to bring home the crown this



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Patio Tool / YOU BET!!

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\$1.75 BURRITOS \$2.75 Smothered
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PROGRESSIVE PITCHERS

THURSDAY

POUND'EM DOWN

All 16 Oz. Bev. \$1.75
FREE ORDER OF
Fries With Any Sandwich

2 FER DRINKS

\$4 Pitchers

FRIDAY

OPEN FOR LUNCH AT 11:30

Free Fry With Any Sandwich
2 TACOS \$1.50

T.G.I.F. PARTY

2 FERS + \$3.75 Pitchers
11:30 to 7:00
\$1.50 Drinks + \$4.25 Pitchers
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WEDNESDAY

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Softball team ends tourney at 3-2

Knights commence season with Indianola Tourney, ending 3-2 on the weekend and facing conference rival Simpson College

by Suzanne Behnke
Editor

The Wartburg softball team stepped up to the plate for its first games at the Simpson Tournament in Indianola on March 22-23, ending with a 3-2 record.

"Offensively, overall, I don't think that we hit the ball as well as we can hit the ball," said Head Coach Robin Hoppenworth. "They (the players) saw just a flash of their potential."

"It was a good way to start the season," said pitcher Lesli Eyestone. "We know what to improve on. We know some of our strengths."

The Knights started the tournament against Calvin College, who went to the NCAA regionals last year, losing 4-3 in extra innings.

"We got out of some tough situations," Hoppenworth said.

Calvin had the potential to score early in the game, but the Knights' defense thwarted the efforts until the sixth inning, when the score stood 2-2.

After switching to international rules and sending runner Kristy Loy home, Calvin came back and won, 4-3.

Directly following Calvin, the Knights faced Concordia-St. Paul.

A six-run second inning put Wartburg ahead, and an additional run claimed the victory, 7-3.

The third game saw the Knights face the University of Wisconsin-River Falls, winning the bout, 6-1. This put them at 2-1 for Friday's games.

On Saturday, the team defeated Northwestern College from Orange City, 5-1, and then faced Iowa Conference foe Simpson College, losing 6-0.

"I wasn't prepared to play Simpson," Hoppenworth said. "We'll be ready for them when it counts."

Conference action doesn't begin until April 2, so the team has plenty of time to prepare for another matchup.

"Simpson was the perfect symbol of what to expect in the Iowa Conference," Eyestone said. "There's nothing we can overlook."

Hoppenworth said external factors were at work against the team in the game against Simpson. She said the weather was terrible and experience played a factor, as the game was Simpson's 13th and the Knights' fifth.

Hoppenworth said she was happy with the performances of pitchers Deb Behne and Andi Hemasath. "They showed me I'm going to have a good pitching staff."

Offensively, outfielders Carrie Zuck and Jamie Porter toted strong showings. Hoppenworth said Porter has yet to strike out and Zuck hit well against Northwestern.

As a team, hitting came in bursts. "We can't be satisfied with one big inning," Hoppenworth said. She added runs were consistent throughout the entire Northwestern game.

Defensively, the Knights made sev-



Head Coach
Robin Hoppenworth

eral errors, but still played soundly. Hoppenworth said shortstop Dawn Matthias played well.

"We had a really good time," Eyestone said. "It gave every individual a chance to see what they're going to contribute."

The Knights face the University of Northern Iowa (UNI) on Wednesday and will play in the Mt. Mercy Tournament in Cedar Rapids this weekend.

"We'll do the best we can (against UNI)," Hoppenworth said. "We've hung in there with them in the past." She also said the team should have a good chance of winning the Mt. Mercy Tournament championship.

Baseball team struggles with young pitchers

Plagued by inconsistency of play, Wartburg's baseball team improves its record to 10-9-1.

by Carrie Lawton
Sports Editor

Inconsistency and young pitching hampered the Wartburg baseball team last weekend at the Dubuque Classic.

The Knights faced Clarke College and Rockford College. They now sport a 10-9-1 record.

Meeting Clarke Friday, Wartburg split a doubleheader, winning the first game, 20-10, and losing the second, 9-12.

"The first game went well," sophomore Mark Torgerson said. "Everyone was ready to play, but after we won it seemed like we let up."

Head Coach Joel Holst said against Clarke the offense on either side was very positive, as evidenced by the high scores.

The second game of the night consisted of only five innings because of darkness. Holst said he thought that if the Knights had played a compete game, they could have pulled out a win.

"Inconsistency was our downfall this weekend..."

—Greg Philip,
sophomore

Saturday night the team once again trekked to Dubuque. The Knights faced Rockford College, and once again split a doubleheader. Wartburg lost the first game, 2-8, but came back for a 7-5 win in the second game.

Holst said he was pleased with the Knights' offensive performance.

"We hit the ball very well throughout the weekend," Holst said. He said in the four games preceding the tournament, the team had struggled offensively, but over the weekend it improved drastically.

The Knight defense is still plagued with inconsistency, because of the team's youth.

"Inconsistency was our downfall this weekend; we lacked the ability to pull out a sweep," sophomore Greg Philipp said.

Holst said that the team feels good about where they are. Last year the team only had nine wins the whole season.

"We expect to win every game we play," Holst said.

Sunday's tournament games were cancelled because of rain. Wartburg was to face



Photos by Nathan Friesen
ALUMS AND ALL—A 1994 Wartburg graduate, J.J. Rochford, (right) returned to campus to compete in the track and field Alumni Meet last weekend. Wartburg sophomore Michelle Jahn (above) cruises around the track during the Alumni Meet. The meet was held at the Waverly-Shell Rock High School track.



IN BRIEF...

- × **Wrestlers Tom Buhr, Kevin Miller, Kelly Seery and Blake Williams were named Academic All-Americans by the NCAA Division III National Wrestling Coaches Association.**
- × **Center Nancy Krapf and guard Eric Foote represented Wartburg on the 1995-96 All-Iowa Conference basketball teams.**

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Timothy Dettmer
Lucas Dewitt
Robert Dudolski
Lesli Eyestone
Jamal Fox
Marty Fredericks
Chad Hageman
Eric Hanson
Monica Harms
Amy Higgins
Russell Ingersoll
Tedi Ingersoll
Nancy Krapfl
Amy Leemhuis

Jason MacTaggart
Ann Mann
Dawn Matthias
Sara Max
Cory McDonald
James McDonough
Nenduvoto Miraa
Jayne Molde
Matthew Neil
Vincent Penningroth
Julie Preuss
Lisa Rasmussen
Joni Richmond
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FIRST Year

Izumi Yamashita

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Heather L. Shafland

Third Year

Sarah A. Lipker

Seniors

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Jayne M. Molde
Trina M. Zwicker
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Nobility Awards

Recognize first-, second-, and third-year students who have made meaningful and significant contributions to the Wartburg College community.

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Lisa V. Powers
Jessica M. Smuksta
Meloyne M. Wimbley
Izumi Yamashita

WARTBURG SPORTS

A preseas on look at Wartburg athletics



Men's Tennis

February 17	Loras
March 6	Grinnell
March 9	Buena Vista
March 13	Dubuque
March 18	Upper Iowa U.
March 23	Loras/Augustana
March 26	Central
April 2	William Penn
April 3	Luther
	Luther v Central
April 9	Winona State U.
April 17	Upper Iowa U.
April 19-20	Loras/Dubuque Tourn.
April 22	Grinnell
April 26	Simpson
May 3-4	Conference Tourn.

Men's Golf

Waverly	April 3-4	William Penn Invitational
Waverly		Edmundson Golf Course, Oskaloosa
Waverly	April 13-14	Wartburg Invitational
Waverly	April 16	Mt. Mercy Invitational
Dubuque		Iowa City
Pella		Decorah
Waverly	April 19-20	1st Half IIAC Meet
Waverly	April 26-27	Luther Invitational
Fayette	April 30	Dubuque
Dubuque		Thunder Hills, Peosta
Grinnell	May 3-4	2nd Half IIAC Championships
Waverly		Bos Landing, Pella
Byrnes Park		

Softball

March 22-23	Simpson Tourn.	Indianola
March 27	UNI	Cedar Falls
March 30-31	Mt. Mercy Tourn.	
		Cedar Rapids
		Waverly
		Waverly
		Waverly
		Dubuque
		Pella
		Waverly
		Cedar Rapids
		Waverly
		Decorah
		Fayette
		Waverly
		TBA
		Salem, VA

Golf course conditions hamper golf season

The golf team has yet to begin its season, but they return five letterwinners ready to prowl the course when weather will permit.

by Carrie Lawton
Sports Editor

With five returning letterwinners, Head Coach Stu Thorson is looking for this year's men's golf team to be in the top half of the Iowa Conference.

Returning letterwinners are seniors Scott Paulson, Ryan Huisman and Marty Fredericks, junior Jake Bloom and sophomore Judd Heidemann. Thorson said Paulson and Huisman had outstanding results at the tournaments they participated in during the fall.

"Scott Paulson is showing good improvement," Thorson said. He also said that Bloom might challenge for the first or second spot.

"We will have great competition for the first five spots," said Paulson.

Even with everybody back this year, the freshman are not all out of varsity contention.

Freshman Adam Secory may have the chance to break into the top five.

"We hope we can bring in people who are committed," said Thorson.

Thorson also said that his expectation of finishing in the top of the conference is based upon last year's performance. However, because the team hasn't had a sit-down meeting, exact team goals have not been established.

Thorson said mental strength is definitely something the team will need to work on this season.



Photo by Nathan Friesen

JUST A FEW SWINGS—Matt Fryar gets in a few swings while the weather is cooperative. Golf course conditions are preventing the team from practicing.

We have to hit the ground running."

—Head Coach
Stu Thorson

approaches.

"If we're lucky we will have a week to practice before we go into competition," Paulson said.

"We have to hit the ground running," Thorson said. He said that Luther College will be pretty tough, and Central College will also be among the crown contenders in the conference. Without knowing what other teams have, Thorson said it is hard to say who will be at the top of the conference.

The men start their season April 3

Currently, the team hasn't had a chance to get many swings in because of golf course conditions and lack of indoor facilities.

According to Thorson, all teams are in this same situation as the season

at the William Penn Invitational in Oskaloosa.

1996 Men's golf

Jake Bloom*
Marty Fredericks*
Matt Fryar
Judd Heidemann*
John Hemping
Ryan Huisman*
Clayton Lichy
Scott Paulson*
Scott Perry
Eric Risius
Adam Secory
Curt Wulf

*denotes letterwinners

Track and Field

March 22	Alumni Meet	Waverly
March 30	Wartburg Inv.	Waverly
April 5	Simpson Inv.	Indianola
April 13	Norse Relays	Decorah
April 19	Augustana Inv. (W)	Rock Island, IL
April 20	Wartburg-Luther-Loras Tri (M)	Dubuque
April 26-27	Drake Relays	Des Moines
April 26	Simpson Inv. (M)	Indianola
April 27	LaCrosse Inv. (W)	LaCrosse, WI
May 3-4	IIAC Championships	Decorah
May 10	North Central Twilight	Naperville, IL
May 10	Loras Open	Dubuque
May 15	Schnur-Bremer Open	LaCrosse, WI
May 17	North Central Twilight	Naperville, IL
May 22-25	NCAA Championships	Naperville, IL

Baseball

March 9	Hastings	Metrodome, MN
March 10	Iowa Wesleyan	Metrodome, MN
March 20	Coe	Cedar Rapids
March 22-24	Dubuque Classic	Dubuque
March 26	UNI	Cedar Falls
March 28	Luther	Decorah
March 30	Upper Iowa	Fayette
April 3	Simpson	Waverly
April 13	Central	Pella
April 15	Grinnell	Grinnell
April 17	William Penn	Waverly
April 20	Loras	Waverly
April 23	Gustavus Adolphus	Waverly
April 25	Buena Vista	Waverly
April 27	Dubuque	Dubuque
April 29	Grinnell	Waverly
April 30	Cornell	Waverly
May 3-4	IIAC Tournament	TBA
May 10	IIAC Tournament	TBA

Spring sports cause common injuries

The four components of RICE help heal the common spring sprains and more.

by Esther Dubec
Staff Writer

RICE is the key to injury...or at least healing one.

There are plenty of philosophies about how to treat and prevent athletic injuries, but this treatment isn't as strange as it sounds.

The acronym "RICE" stands for Rest, Ice, Compression, and Elevation.

Scott Johnson, a physician's assistant at the Rohlf Memorial Clinic, recommends it, but other professionals suggest similar programs as well.

Wartburg's spring sports can use this method already. Although severity of injury isn't the biggest issue, baseball, softball, men's and women's track and field, and men's tennis make up the teams that can most use this information.

The first word, "rest," is part of any healing process.

The second word, "ice," is probably most common because it reduces swelling. For a moderate injury involving inflammation of some type, Wartburg's Athletic Trainer in residence Paul Bruning, recommends icing four times a day for 20-30 minutes each time.

After the swelling goes down (often 24-48 hours), a heat wrap should replace ice treatments. Johnson suggests microwaving a damp towel.

"Don't put the wrap on at this point. It needs to swell," said Johnson. Although "compression" is another portion of treatment, the Ace wrap or bandage shouldn't be applied immediately after heat treatments. It will restrict the blood circulation induced by the heat treatment.

"Elevation" of the injured body part provides similar benefits as those of ice. It draws the blood circulation away from the wound site.

Each of the spring sports involve different muscle groups used to different extremities.

Tennis players tend to get "tennis elbow."

"Usually with beginners, they're holding the racquet wrong," said Johnson. All the shock from the force of the swing and the impact of the ball is transferred to the elbow, he explained.

Baseball and softball players are more susceptible to tendinitis in the shoulder and elbow.

Because of the fast swinging motion used by pitchers, they often have the most problems, according to Johnson.

Head Track Coach, Steve Johnson, notes that tendinitis of the knee, Achilles, and foot are most common in track athletes. The repetitive pounding on a hard surface causes stress to these joints and tendons.

Planning ahead can help reduce injuries like these. Even though there are distinct preventative measures, Bruning and Steve Johnson agreed that genetics play a part.

"There are predisposing factors in people that make them more susceptible," says Bruning. Steve Johnson maintains the importance of good biomechanics in track and field athletes, attributing much of it to genetics.

In terms of preventative measures, three are enforced by Bruning, Scott Johnson and Steve Johnson:

1. Flexibility/stretching -loosen muscles slowly before abrupt / continuous stress and impact.

2. Proper progression -begin exercise gradually in terms of quantity and intensity.

3. Equipment -strong, supportive and quality.

"Those people who don't progress slowly enough have higher chances of injury," said Steve Johnson. He reinforced the importance of supportive, cushioned shoes and emphasized the significance of consistent and thorough stretching.

Harriers attack conference crowns

The women attempt a three-peat in the outdoor conference championship while the men's team prepares for the hunt.

by Brian Van De Berg
Assistant Sports Editor

Indoor track is all but a memory now as the Wartburg track team takes off into the great outdoors.

MEN

"This team is the best I've seen in the seven years I've been here," Head Coach Steve Johnson said.

The men's track team is led by junior Chris Shannon, senior Josh Watters and many other upperclassmen.

Shannon capped the 1995 season as the Iowa Conference Championship's Most Valuable Performer and starts 1996 as an indoor All-American.

"Middle distance is the deepest part of our team," Johnson said.

The middle distances will be dominated by Watters, along with senior Jason MacTaggart and senior Matt Hansen.

"Competition? It's going to be an interesting year," Hansen said.

This year's team looked great during the indoor season and is looking to improve during the outdoor season.

"All events should be good for us this year," Johnson said.

In long distance, the Knights will be led by seniors Jeff Allen and Hansen and freshman T.J. Craig.

Johnson is looking for strong sprint performances as well. The



Photo by Nathan Friesen

SHOOTING OUT OF THE BLOCKS—Junior Chris Shannon propels out of the block during the Alumni Meet. Shannon runs sprints and hurdles for the team. Head Coach Steve Johnson said the meet was a good workout for the teams.

mile relay will return all four members from last year's team. Members of the relay are Shannon, Chad Williams, Steve Boblenz, and Watters.

Johnson also expects quite a few new performers to step up into new positions.

Trevor Shannon and Tim Lambertsen will lead a strong freshman class into the track season this year.

Running the short sprints, the Knights have sophomore Sid Harris, along with Lambertsen.

The Knights also look for a

superior showing in the field events.

Wartburg possesses an expected great throwing program, consisting of junior Chris Reade and freshman Todd Donald.

Johnson announced that the Knights will have a great jumping team behind the legs of sophomore Scott Cordes.

Teams that look to be favored are Central and Luther, along with the Knights.

"Going into the season, Central is favored at the

moment, but only by a little," Johnson said. "I think we have a great chance at a conference title this year."

"The team is excited and motivated for a conference title," Craig said.

WOMEN

The women are also looking for a strong performance in the season's second half.

"We graduated a big chunk of people last year, but we are still in the hunt for a conference championship," Johnson said.

The Knights enter the season

with two consecutive conference championships, and are looking for their third this season.

The track teams are working their way to the championships in May. The Iowa Conference meet will be held in Decorah.

Wartburg will be led by the dominant performances of seniors Esther Dubec and Lea Lucas.

Dubec is coming off an outstanding indoor season where she earned her fourth All-American honor, and Lucas is running in the best shape of her life, according to Johnson.

Working with Dubec in the distances will be freshmen Trina Steines and Heidi Ludvigsen, sophomore Emily Ott, senior Tammy Hildebrand and junior Angie Busche.

Johnson is also looking for a good 400-meter relay team from his sprinters.

Leading the sprinting force for the Knights this year will be Nikki Kimball, Barb White, Cari Lyle and Michelle Van Dorn.

The throwing program for the women combines veterans with newcomer Dawn Digmann.

Digmann, the new shot put record-holder, joins Deb Wilkinson to lead the throwers into battle.

The jumpers will fly behind the forces of two juniors. Annette Edgren and Joy Morrey both return from last year's season.

The losses of All-Americans Robyn Olson and Beth Holst will be another factor in the crown race.

The Knights' only home track meet will be held at the Waverly-Shell Rock High School track on March 30.

1996 women's track

Angie Busche
Angie Cornelius
Dawn Digmann
Esther Dubec
Annette Edgren
Rachel Edmonds
Heather Fink
Holly Good
Sara Haberman
Jaime Hamann
Jolene Heise
Cory Hildebrand
Tammy Hildebrand
Kel Hocker
Kathy Hoisington
Michelle Jahn
Nikki Kimball
Angie Knips
Amber Kucera
Leah Lenhart

Julie Leonard
Jenn Loeb
Lea Lucas
Heidi Ludvigsen
Cari Lyle
Sara Max
Shannon McNamara
Joy Morrey
Alexandra Mueller
Emily Ott
Aisha Rhinehart
Nicky Schrader
Trina Steines
Michelle Van Dorn
Barb White
Anne Wilcox
Deb Wilkinson
Shannon Worth
Leigh Yeakey
Sarah Zimmermann

1996 men's track

Jeff Allen
John Bergman
Steve Boblenz
Dion Braet
Andy Brocka
Scott Cordes
T.J. Craig
Todd Donald
Craig Ford
Dan Freimuth
Matt Hansen
Ryan Harms
Sid Harris
Mark Haussmann
Pat Hennes
Jim Holmes
Tom Horton
Jeff Huber
Matt Jones
Tim Lambertsen

Josh Lyons
Jason Mac Taggart
David Max
Don Parker
Chris Reade
Nate Santamaria
Cam Schuknecht
Chris Shannon
Trevor Shannon
Dave Simonson
Justin Smith
Chris Spahn
Steve Taylor
Blake Tranthum
Kevin Utech
Lee Venteicher
Kendall Walker
Josh Watters
Matt Wiley
Chad Williams

Knights ready for power season

Softball team launches season with strength and a search for the conference crown.

by Suzanne Behnke
Editor

The 1996 Knights' softball team may not hold a roster of Florence Griffith-Joyners, but promises to pack a punch.

"I'd anticipate being a power team," Wartburg Head Softball Coach Robin Hoppenworth said. "They (the players) have shown a lot of hustle and a lot of heart."

That attitude may be needed for the competition the Knights will face this season.

Hoppenworth said Wartburg should rank in the Iowa Conference's top three teams, with Central and Buena Vista. The title race may be a battle, as the Knights are in one of the toughest Division III leagues in the nation.

However, Hoppenworth expects the Knights to deliver.

Seven letterwinners return to the Knights' dugout, including junior Carrie Zuck and senior Dawn Matthias. The team comes off the 1995 season with a 20-15 overall record and a 10-6 conference record. They took a fourth-place finish in the IIAC.

The loss of five graduates and other additional players raises questions over Wartburg's status in the conference race.

However, Hoppenworth has confidence in the Knights.

"I have very adequate replacements," Hoppenworth said.

"A lot of people were here last year,"



Photo by Nathan Friesen

CONCENTRATION AND DETERMINATION—Senior Lesli Eyestone practices her pitches during practice. Eyestone leads the pitching staff for the Knights this season.

said Zuck. "They had the pressure. I think they'll fill in just fine."

Graduates Kim Grimm, Sharon Dole, Amy Miller, Kelly Muller and Kelly Meyer leave holes in the lineup that Hoppenworth has already filled.

The team lost Grimm's and Muller's quickness. Muller holds the school record for most stolen bases in a season.

"They (the players) have shown a lot of hustle and a lot of heart."

—Coach Robin Hoppenworth

"Meyer was the backbone of our offense," Hoppenworth said. Meyer, the assistant coach, holds the record for total home runs in a season.

Dole's absence, as the team's leading pitcher for four years, could be a difficult obstacle for the Knights to overcome.

"Sharon's consistency will be hard to replace," Hoppenworth said.

Senior Lesli Eyestone leads the Knights on the mound in 1996, with junior Kara Kehe, sophomore Andi Hemesath and freshman Deb Behne following.

"The season will depend upon the development of our pitching staff," she said.

"I could put all four (of the pitchers) out and all could keep us in a ballgame,"

Hoppenworth said.

Behind the plate, sophomores Tonya Bollman and Amy Jo Johnson aid the pitchers.

Sophomores Lesley Lehmen and Lisa Powers will cover first base, while senior Makaela Schuknecht bids for second with freshman Renae Rost.

Matthias will snatch the shortstop position, with Rost backing her up. Senior Casey Sadler and freshman Angie Gorsuch tackle third base.

Sadler returns after shoulder surgery, but Hoppenworth said she is working hard and throwing accurately.

Kerri Larsen, Kim Jass, Tavi Madden, Kristy Loy and Anna Tesdahl provide depth for the infield.

Roving in the outfield is veteran center fielder Zuck, junior Kara Caspers in left field, and sophomore Jamie Porter in right, a switch from third base.

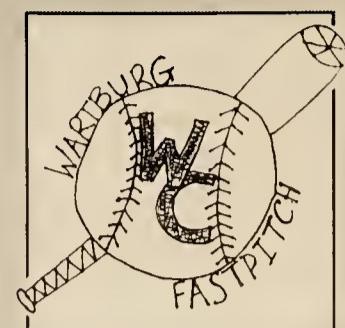
Hoppenworth said Porter's move is working well. "She's doing great. She's got a gun for an arm."

Freshman Betsy Elbert and senior Kristy Tresch will back up the outfield.

While the defense remains secure, the offense carries a triple threat in Matthias, Zuck and Porter.

Zuck said the team has a strong line-up, up and down.

The Knights play 12 non-conference games before getting into the IIAC season on April 2.



Team jersey emblem drawn by Kara Caspers

Off the record: Seniors sound off on 1996 squad

"This is by far the most laidback team I've been a part of. Practices aren't intense, but are productive. The atmosphere is minimizing the stress."

—Lesli Eyestone, pitcher

"We're really focused. With the new diamond, everyone will know where we're at."

—Kristy Tresch, outfield

"Unity makes the difference this year. As long as we pick each other up, I believe we will go far."

—Casey Sadler, third base

"If we focus on the rankings and not ourselves, the season will be lost. Working together, winning, losing, playing together...that should be the focus."

—Dawn Matthias, shortstop

"I think our team is a team. We're one unit. Everyone's a lot of fun to hang out with."

—Makaela Schuknecht, second base

1996 roster

Deb Behne	Kristy Loy
Tonya Bollman*	Tavi Madden
Kara Caspers	Dawn Matthias*
Betsy Elbert	Jamie Porter*
Lesli Eyestone*	Lisa Powers
Angie Gorsuch	Renae Rost
Andi Hemesath	Casey Sadler*
Kim Jass	Makaela Schuknecht
Amy Jo Johnson	Anna Tesdahl
Kara Kehe*	Kristy Tresch
Kerrie Larson	Carrie Zuck*
Lesley Lehmen	

* denotes 1995 letterwinners

Field of dreams

For the first time, the softball team will be able to play on a home field, rather than host games at the Waverly city diamonds. Here's how some players feel about the homefield advantage:



"I'm very excited. I think it will be beneficial to the Wartburg community. For the team, it's a dream come true."

—Kara Kehe, pitcher

"We're going to be on such an emotional high having a new field. It's like our home."

—Kerrie Larson, infield



Team wants to knock down No. 1 Luther

Tennis team returns coach, seniors

The men's tennis team looks for a high conference finish, as they return experience with seniors Brian Trow, Dan Sanderman and Steve Dolezal.

by Gage Butterbrodt
News Editor

Three seniors provide plenty of experience for the Wartburg men's tennis team, but lack of depth could be a threat to the team's success.

Head Coach Chuck Tragord said the health of his team is a key to its success.

"We're not very deep, and if we lose one of our top six to injury, we'll be hurting," Tragord said. "Losing Dolezal or Sanderman could mean slipping to fourth or fifth in the conference."

"We have a ways to go to reach our potential, but our outlook is good," senior Brian Trow said. "It all depends on whether or not we can step up our level of play."

Tragord, in his second-year at the helm, will return the services of senior letterwinners Trow, Dan Sanderman and Steve Dolezal, hoping to improve upon their third place Iowa Conference finish last year.

This is the first season the seniors have had a head coach return for a second year.

According to Tragord, the Knights' goals are to maintain their No. 3 position in the conference and possibly knock Central

out of second place.

"If we stay healthy, we've got an excellent chance of beating Central; however, Luther is just too strong," he said. "They've won conference for nine consecutive years, and are a very well-balanced team again this season."

"Luther is definitely the team to beat," Sanderman said. "They are the ones everyone will be going after."

Sanderman was voted the team's Most Valuable Player the past two seasons. He was conference runner-up at No. 3 singles, and placed second in doubles with Trow last year.

"Our leader is Dan Sanderman," Tragord said. "He's the man who comes and plays hard and shows that leadership. People look to him to display that quality in his actions."

Trow, Wartburg's position three singles player, placed fourth at No. 4 singles last year.

"Trow has got a tough go this year, although his overall game is stronger," Tragord said. "Sanderman and Trow's goal is to win that doubles championship at conference."

At last year's conference meet, Dolezal placed fourth at No. 2 singles and sixth in No. 1 doubles. He will be looked to step up and fill the No. 1 position for the Knights.

"Not being an all-court player, Dolezal will have problems," Tragord said. "If he was playing No. 2, he would have a terrific record, but it's frustrating because he's not a true No. 1

player."

The Knights will also have the support of returning sophomore letterwinners Raza Akbar and Ben Christensen.

Akbar finished second in singles at No. 5, as well as in No. 3 doubles last year. Christensen finished fourth at No. 6 singles.

"Raza's got a good chance of doing well again this year and possibly finishing in the top two or three," Tragord said. "Christensen has improved his whole tennis game. Last year he was inconsistent, but this year he has been very consistent."

Freshman Steve Meirink and sophomore Jim Davis find themselves competing for the sixth and final varsity position.

"Steve is improving quickly, and Jim Davis is improving as well," Tragord said. "Those two will fight for the No. 6 position all season."

Sophomore Brandon Wilkins, currently at No. 8, will be challenging Meirink as well.

John Eikenberry rounds out the roster at the No. 9 slot. "John doesn't have much tennis experience, but we're teaching him," Tragord said.

"We're looking for strong senior leadership this season," Sanderman said. "We've been the core of the team all four years we have been here, so hopefully we can instill that leadership into our sophomores and freshmen."

The Knights play their seventh meet of the season on Tuesday at Central, testing the tough Dutchmen.



Photo by Nathan Friesen

TOP OF THE TEAM—Steve Dolezal attempts to frown his opponent during a meet last Monday. Dolezal plays No. 1 singles for the Knights.

Wartburg Men's Tennis

1996

Brian Trow
Dan Sanderman
Steve Dolezal
Raza Akbar
Ben Christensen
Jim Davis
Steve Meirink
John Eikenberry
Brandon Wilkins

Coe College joins Iowa Conference

The addition of Coe College changes the face of the conference and signals the likelihood of adding another team.

by Eric Allen
Assignment Editor

Future games against Coe College of Cedar Rapids will take on added importance now that the private institution has become the 10th school in the Iowa Intercollegiate Athletic Conference (IIAC).

The decision to add Coe to the IIAC was announced several weeks ago.

Coe has much to gain from switching from the Midwest Conference, but Wartburg Interim Athletics Director Monica Severson said schools in the Iowa Conference benefit from the addition, too.

Coe will now be allowed to go off-campus to recruit, which Midwest Conference schools are not allowed to do, according to Severson. Coe College athletic teams also cut their travel time to athletic events approximately in half.

Severson said Cornell College in Mount Vernon is in the process of being approved to join the conference.

She said she hopes Wartburg and Coe will "build some strong rivalries that are positive and competitive."

Softball player Kara Caspers said she sees the addition to the conference as "kind of a bonus."

"They're good competition," junior left

fielder Caspers said. "The more competition, the better your team is going to be."

Caspers said the softball team plays Coe every year but the addition will make the conference tougher.

Wartburg has a non-conference softball game against Coe April 22.

Coe will not play the Wartburg Knights in football next season, but the volleyball teams will compete, as they have in the past.

Sophomore back row specialist Jessica Kimm said she doesn't think the change will be too different.

"We played them anyway," said Kimm. "There will be a little difference in preparation for a conference game rather than a non-conference game."

The Knights' volleyball team beat Coe last season, but the changes in recruiting rules may help Coe become more competitive.

Severson hopes so.

"I think it makes the conference a little stronger," Severson said. "Coe's a good institution with strong teams and strong programs."

The Iowa Conference approached three schools, Coe, Cornell and Grinnell College, about joining, according to Severson. Grinnell was not interested.

Severson said the addition of Coe is good because it makes the conference even-numbered, making scheduling easier. But Cornell is on the way, so scheduling won't be easier for long.



Other teams in the IIAC

- Buena Vista College
- Central College
- Loras College
- Luther College
- Simpson College
- Upper Iowa University
- University of Dubuque
- Wartburg College
- William Penn College

Holst sets new horizons for Wartburg baseball

Wartburg names former Loras Head Coach Joel Holst as the new leader of Knight baseball.

by Matt Hansen
Staff Writer

The project — turn Wartburg's sub-par baseball team into a contender in the Iowa Conference.

The man — former head coach of rival Loras College, Joel Holst.

"My goal is to compete for the Iowa Conference title this year, and to build Wartburg into a Division III power," Holst said.

Holst was born in Lowden, Iowa, a small rural community similar to the towns many of the players on the team hail from.

After high school, he attended Coe College in Cedar Rapids, starring on both the baseball and football teams for four years.

Following college, Holst received his first teaching job at West Delaware High School. There, he taught biology and was head baseball coach and assistant football and basketball coach.

The next step in Holst's baseball life was the move to

Northwest Missouri State University (NWMSU), as pitching coach. NWMSU is a top-rated Division II baseball program.

Following his tenure at NWMSU, he began coaching at Loras College in 1990.

In five years as a head coach at Loras, he rebuilt a mediocre team into a national powerhouse, winning more than 60 games in his last two years of coaching.

"The baby is one of the reasons I took the job at Wartburg. We wanted to live in a nice community like Waverly."

—Joel Holst, head coach

"I've always had the ability to communicate well and motivate, and I think this is what makes me a good coach," Holst said.

These skills have already shown up on the practice field, as many players have noticed improvements.

"We're as far along now as we were all of last year," sophomore Lane Sires said.

Holst also comes to Wartburg as an assistant football coach. He was the defensive line coach at



Head Coach Joel Holst

Loras for five years.

Coaching is only Holst's second favorite pastime.

Family is the most important factor in his life, he said. The Holst family is expecting a new member, with wife Debbie pregnant with their first child.

"The baby is one of the reasons I took the job at Wartburg. We wanted to live in a nice community like Waverly," Holst said.

As for the future, it looks bright, not only for the Wartburg baseball family but also for the Holst family.

"In 10 years I plan on having a very successful program in baseball, and having a good life for my family," Holst said.



Photo by Nathan Friesen

CONTEMPLATING CHANGES—New Head Coach Joel Holst looks to make changes in the Wartburg baseball program to create a Division II power. Holst comes from Loras where he was head coach for five years.

Column

Spring athletes caught in game of star search



Slap Shots

.....
Scott Harves

It's the spring sports season and you know what that means. Wait a minute. What does that mean? There're no masses gathering in Shield Stadium. There's nobody trying to pack Knights Gymnasium. So what does this season actually bring?

The answer is the athletes themselves. Although football players may be big, mean and strong, the spring athletes must endure something which at times can be a lot tougher than a 300-pound lineman in your face.

It's an identity crisis. Can you name four spring sports off the top of your head? If you can, don't feel privileged; you should know. If you can't, you suffer from a disease that has plagued students every time May Term has rolled around.

When was the last time you saw the benches and stands at Hertel Field filled? Oh, I forgot, that's where the baseball team plays. Although the team was dealt a two-year blow with sub-par coaching, new head coach Joel Holst is a class act who should turn the program around.

A spring program which doesn't need much of a turnaround is Robin Hoppenworth's heroes — the softball team. After complaining about

the softball team not having a field in my first column last May Term, I am happy to report that the team will be playing its first true home game this season.

With three of the Iowa Conference softball teams in the preseason top 10 in Division III, the women will need every bit of home-field advantage they can get.

The most successful spring program would have to be the track and field teams. Last year, I took in the conference meet at Loras College and was happily surprised. I didn't know track was a spectator sport, but a good day was had by all, as the teams both did very well.

Unfortunately, the track teams don't have a useable track on campus, and have to run their home meet at the Waverly-Shell Rock High School. Maybe that's why they are so good.

For the rest of the sports which I have not mentioned, identity is a problem as well.

Name five members on the men's tennis team. Better yet, name three members from the men's golf team. Can we count fencing as a spring sport? I'll only ask for one name.

My point is, spring is basically the non-spectator sport season. These athletes don't play so they can flash fraternity signs in the air every time they do something good, they play for the simple pleasures and satisfaction which comes with competition and camaraderie.

Some of the more famous spring sports that draw bigger crowds during May Term are hacky-sack, roller-blading, fishing, frisbee, and 12-ouncecurls.

None of these are actually school-sponsored or NCAA-sanctioned, but they tend to draw a bigger audience from those who choose to extend themselves into Wartburg's version of the "Extreme Games."

With that special time of the year approaching rapidly, all students prepare themselves for some type of sport, whether they admit it or not.

Don't let the spring fever get you down and don't forget to get those athletes' names to me by Friday.

Staff Box

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**READ THE SPRING SPORTS
PREVIEW AND THEN
RECYCLE ALL OF IT.**

Holst looks to turn Knights into Division III power

Wartburg baseball team combines young pitching staff and gung-ho coaching staff to push toward conference tournament.

by Jerod Garland
Staff Writer

First year Head Coach Joel Holst begins the Iowa Conference baseball season this week with a young squad and high hopes.

"We hope that this year will be the first step to turning the baseball program into a Division III power," Holst said.

"With seven of our top 10 pitchers being freshmen or sophomores, we definitely have a young staff," Holst said. "But we also have excellent leadership so we feel we can accomplish our goals."

According to Holst, one goal is to finish in the upper half of the Iowa Conference. He listed Upper Iowa University and William Penn College as the top teams in the conference because of the quality of their returning players. Loras and Simpson are not far behind, Holst said.

"The competition we've faced so far is not as good as what we'll face in conference," Holst said. "We will need to play more consistently to finish in the top half."

Holst said that inconsistency is one of the squad's biggest questions right now.

"We've really had no consistency so far," he said. "It seems like every time we take a couple steps forward, we turn around and take a couple steps back."

According to Holst, solid leadership is provided by seniors Andy Gahan and Dennis Curtis, as well as juniors Scott Harken and Brian Nelson. This leadership will be needed throughout the season to keep the team focused on a second goal — 20 wins.

"The season record for wins in a season here is 20," Holst said. "We would love to break the record this year."

In order to break the record, the team will look to capitalize on its strength — hitting. With a team average of above .300, the Knights have the potential

"We've really been gelling as a team. Our team unity is one of our strengths."

—Andy Gahan
Senior

Infield depth is provided by Matt Hansen and Jon Thoreson.

to put up some big numbers on the scoreboard.

"Right now our biggest weakness is overall team depth," Gahan said. "We don't have a lot of people at each position."

Sophomore Mark Torgerson and Curtis will be the men in the middle of the infield, with Curtis at shortstop and Torgerson at second. Harken and freshman Kevin Wachholz round out the starting infield at first and third base, respectively.

The outfield consists of sophomore Derek Hartl in right field, Nelson in center, and Gahan in right.

"We have a very athletic group in the outfield," Holst said.

When Hartl or Gahan handle the pitching chores, sophomores Wes Volk or Greg Philipp will see playing time in the outfield.

Sophomore Kyle Knudson will start behind the plate for the Knights.

While the offense appears solid, many questions still remain for the pitching staff.

"For us to finish where we want to in the conference, our young pitchers must become more consistent," Harken said.

Holst listed Gahan and Hartl as two solid pitchers for the Knights, but is still

looking for others to step up.

"Gahan and Hartl are very talented pitchers," Holst said. "But we will need a couple of the other guys to develop and be able to come in and get the job done."

Other players who have been seeing extensive time on the mound include Blake Cruikshank, Justin Long and Brian Sytsma.

"We've really been gelling as a team," Gahan said. "Our team unity is one of our strengths."

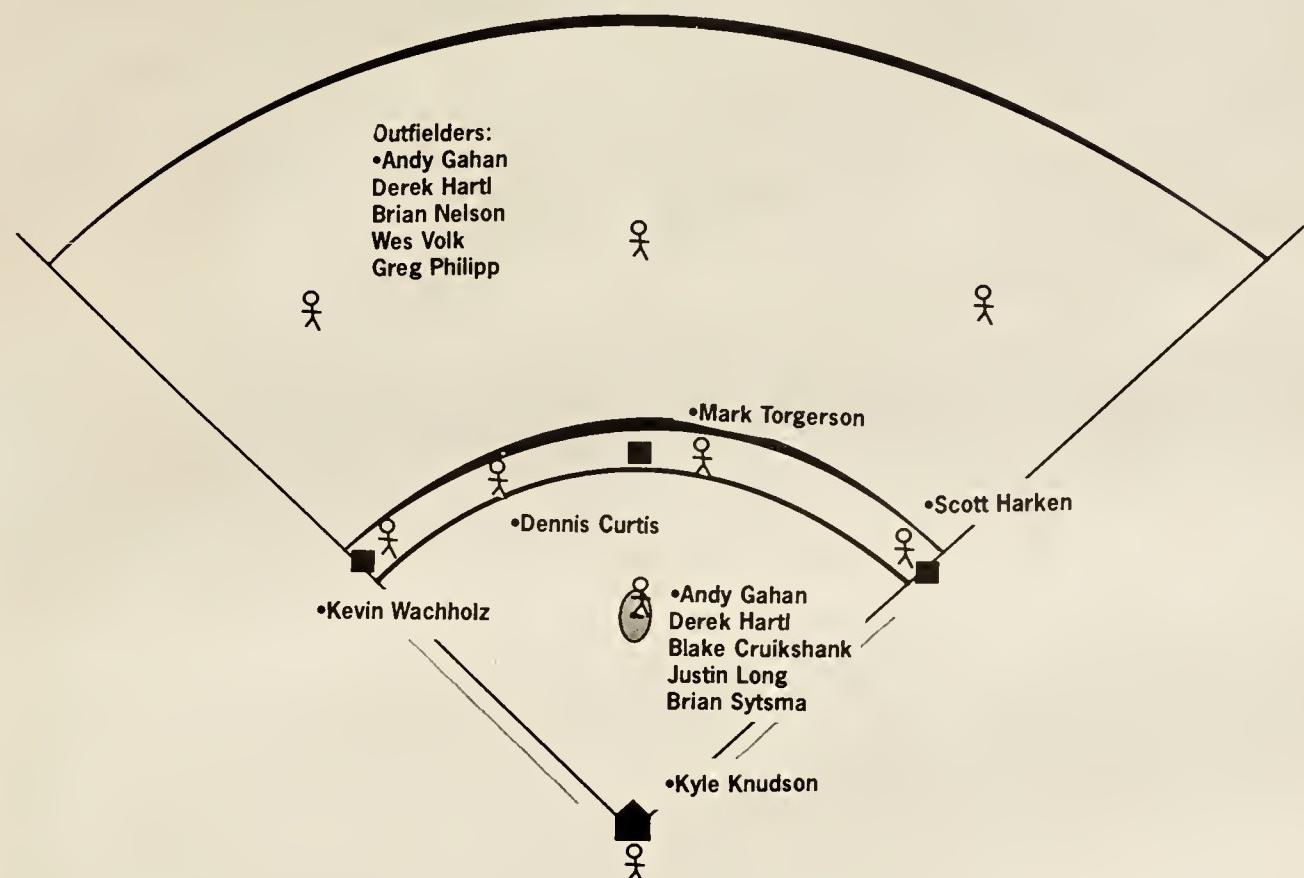
The Knights begin Iowa Conference play Thursday against Luther at Decorah.

The Knights' judgement day will come on May 3 and 4 when they take the field at the Iowa Conference tournaments. The place and time for the games are yet to be announced.



Photo by Nathan Friesen

GUIDANCE, IT'S ALL PART OF THE JOB—Head Coach Joel Holst explains where and what he would like to do next in practice. Members of the team wait patiently for the rest of the instructions.



1996 Wartburg baseball

1996 Knight Baseball Roster

Justin Boeding	Brian Nelson
Mike Bowman	Mike Noltensmeier
Joe Carter	Greg Philipp
Blake Cruikshank	Ross Polking
Dennis Curtis	Rob Rindels
Andy Gahan	Jonathon Schwebach
Matt Hansen	Lane Sires
Scott Harken	Cory Stafford
Derek Hartl	Brian Sytsma
Kyle Knudson	Jon Thoreson
Kirk Lebeck	Mark Torgerson
Justin Long	Wes Volk
Ben Marske	Kevin Wachholz
Jason Meyer	

Fencing club provides sport, medieval history

New campus organization brings touch of Middle Age justice to Wartburg as students participate in hand-to-hand combat.

by Michelle Van Dorn
Staff Writer

Old tales of the Middle Ages are relived by Wartburg students every week.

Rob Lovig, fencing coach, brought the sport of nobility to the high ranks of Wartburg College.

Lovig, originally from Decorah, began fencing in high school through the Upward Bound program at Luther College.

While attending Central College, Lovig initiated his own club. A 1995 graduate of Central, Lovig, a Waverly resident, decided to start the same club at Wartburg.

The club tries to practice every Thursday night from 7-9 in Legends. Lovig said those interested should attend a practice.

"I'm interested in getting people started in fencing," he said.

He said those who aren't participating are missing out on the fun.

Lovig offers to teach anyone who has the desire.

"I don't care about dues," Lovig said. "I would just like to see people learn about fencing."

After deciding to join, members are asked to pay dues. Nothing is final, but next year the club may cost \$5 for the whole year.

"We still need to assess what the club needs," Club President Adam Bellin said.

The money goes for patches to add to the suits.

"The patches will give team unity," Bellin said.

The club currently offers four full suits, including knickers and plastic tips to blunt the end of

the foil (sword), a helmet, a jacket, a foil and a leather glove. Individual gear costs \$107.

In ancient times, fencing cost a lot more. Losing a battle meant losing your honor, your blood or even your life.

Kings, queens and other nobles defended their honor by fencing.

A bout was fought until first blood was drawn; sometimes bouts lasted until one dueler died. The number of deaths prompted the prohibition of fencing.

Like America's Alcohol Prohibition, this did not stop those who wanted to fence. Fighters began settling their differences at night in the woods.

"It is like a fast-paced physical game of chess."

—Rob Lovig
fencing coach

Standing sideways, each opponent held a lantern over his head and wielded the foil in the other hand.

Still today, fighters poise sideways to make themselves a smaller target.

Now, the hand over a fencer's head is for balance, power when lunging and to protect the hand from injury.

Another change in modern fencing is the violence factor.

Fencing is similar to soccer, with quick footwork and coordination required by the fencer, though Lovig said fencing is less

violent than soccer.

According to Lovig, strength doesn't give the athlete an advantage in any way.

"It places men and women on the same plateau," Lovig said.

The key is to keep up with the fast pace. The fencer must always analyze an opponent's motions as well as his reaction.

"It is like a fast-paced physical game of chess," Lovig said.

After seeing Lovig's sign in the Physical Education Complex asking for a fencing partner, Denise Bell recruited students on campus.

The club began to meet regularly and elected officers.

"I was pleasantly surprised by the turnout," Lovig said.

The group intends to set up a nintrasquad tournament later this year and may become involved in outside tournaments next year.

"Some people have progressed enough that the tournaments are the next step," Lovig said.

With the University of Northern Iowa's (UNI) season over, Wartburg had a hard time trying to find local competition this year.

Next year the club plans to compete in tournaments with schools from the Big 10. Wartburg will also compete with Iowa State University and UNI.

Not everyone in the club will compete with the other schools, Bellin said though the purpose of joining the club is not necessarily to compete at the tournaments.

"The club is still to get together; to have a good time," he said.



Photo by Nathan Friesen
FENCING FOR FUN—Fencing club instructor Rob Lovig (right) and club member Eric Krull (left) face-off outside of the Chapel during practice. Lovig, a Central graduate is a Waverly resident who created the club.



GOING FOR THE KILL—Duke of the Fencing Club ERic Krull (left) duels with instructor Rob Lovig (right). The club consists of 18 members, and was formed on campus this year and is looking to compete with Big 10 schools next year.

FENCING CLUB OFFICERS

•Adam Bellin	king	president
•John Martin	prince	vice president
•Eric Krull	duke	treasurer
•Jason Grunklee	scribe	secretary
•Denise Bell	countess	historian

FACULTY ADVISER

Barbara Dilly

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Megan Mangler	Christi Larson
Gloria Crossett	Julie Hoy
Christina Schur	Marc Groen
Angie Bellairs	Kim Miller
Jaime Spratt	Jess Ankeny
Jason Hiner	